

Physician Perks

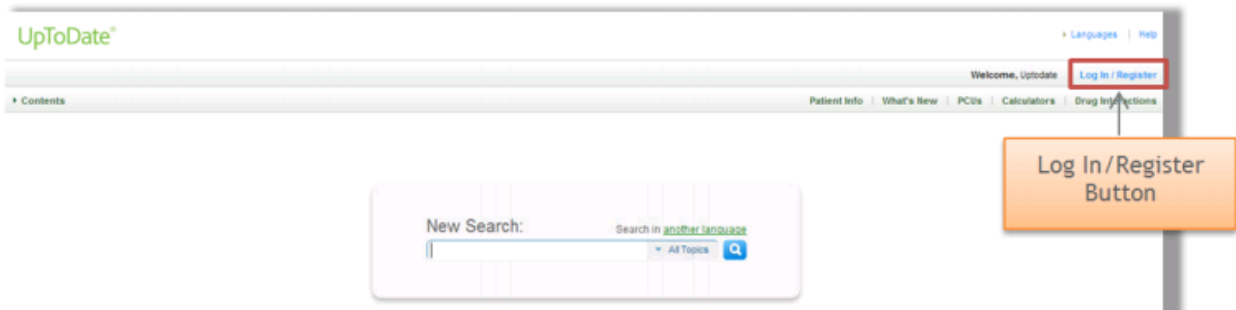


Working as a physician at VCH comes with certain perks which can save you time, money, and stress! We have included some details below:

1. Free Access to UpToDate

As a VCH physician, you get a free subscription to UpToDate for clinic, hospital and mobile/home use. To activate your subscription:

- Access UpToDate by visiting www.uptodate.com from any VCH computer
- Click the Log In/Register button at the upper right corner of the screen



- Complete all fields on the registration page and click *Submit Registration*
- Upon completion of the registration process, you will receive a confirmation email from UpToDate with instructions to download the Mobile App, and/or to use the website from your personal device
- For more information, please visit VCH's:
 - [UpToDate Registration Guide](#)
 - [UpToDate Setup Instructions](#)
 - [UpToDate Anywhere User Guide](#)

2. College of Physicians and Surgeons of BC (CPSBC) Library

Through the College of Physicians and Surgeons of BC (CPSBC) website, you can access a variety of educational materials:

- [E-books/print books](#)
- [E-journals](#)
- [Point of care and drug tools](#)
- [Databases](#)
- [Apps and audiovisual](#)
- [Practice guidelines](#)

The College librarian can also help with your literature searches. There is unlimited access to articles from the e-journal collection. The library staff provides 200 free journal articles per year. For articles not available locally, interlibrary loan is an option on a cost-recovery basis. For more information, click [here](#).

3. Leadership Scholarship

Scholarships up to \$10,000 per year are available from the Specialist Services Committee (SSC) and the Shared Care Committee (SCC) to pursue leadership and quality improvement training activities. The funds can be used to cover tuition fees and travel costs. For more information on award eligibility and the scholarship application, visit [this page](#).

4. Doctors of BC Benefits

Consider becoming a member of [Doctors of BC](#)! There are [multiple benefits](#) available to you upon joining, including access to practice support resources, insurance programs, billing tips, subscriptions to selected medical journals, and discounts on multiple travel, entertainment, and sporting events through the Club MD program.

Doctors of BC has also negotiated a number of benefits with the government of BC on physicians' behalf, including:

- The **Canadian Medical Protective Association (CMPA) Rebate Program** for partial reimbursement of CMPA fees
- The **Continuing Medical Education (CME) Fund**, which assists physicians with educational expenses
- The **Contributory Professional Retirement Savings Plan (CPRSP)** provides funds to physicians for their retirement, and has a basic benefit component and a length of service component
- The **Parental Leave Program** provides income during a parental leave taken as a result of pregnancy, a surrogacy arrangement, or an adoption of a child

Note: Eligibility for the above programs may vary from physician to physician. Questions may be directed to Doctors of BC's Benefits Department at 1.800.665.2262 or benefits@doctorsofbc.ca.

Before signing any contract, Doctors of BC can provide you with some advice and can support your group in contract negotiations.

Confused About Who to Contact?

Doctors of BC's Vancouver Regional Advisor and Advocate, [Ms. Nicole Harris](#) is here for you. She acts as your single point-of-contact and will connect you with the right people. Please email your questions to nharris@doctorsofbc.ca.

5. Transition into Practice (TIP)

UBC's [Transition into Practice \(TIP\) Program](#) provides information on financial and office management topics, such as incorporation, office space purchase, and contract negotiation.

6. Physician Health Program (PHP)

The [Physician Health Program \(PHP\)](#) offers a wide range of personal and professional services for physicians and their families. Looking for a family doctor? PHP can help.

Qualified medical professionals are available to assist with mental health issues, career and life transitions, relationship stress, financial issues, professional support, workplace conflict, and addictions. A confidential service is available 24 hours a day, 7 days a week, at 1.800.663.6729.

7. VGH Cycling Center

The [VGH Cycling Center](#) is an amazing membership-based facility at VGH. Not only do they have secure bike parking, they also have showers, lockers, tools, an air pump, and a common room. As a member, you can also access free tune-ups, seminars, rides, discounts, and much more.

8. Mobi Bikeshare

VCH is a corporate partner of Mobi, Vancouver's public bike share program. The bikes can be unlocked from one station and returned to any other station in the system. As corporate members, employees are given access to discounted one-year membership of up to \$40 savings (up to 25%). For more information, click [here](#).

9. VCH Employee Discounts

As a VCH physician, you have access to a variety of special offers from local and internet merchants. For a list of participating vendors, click [here](#).